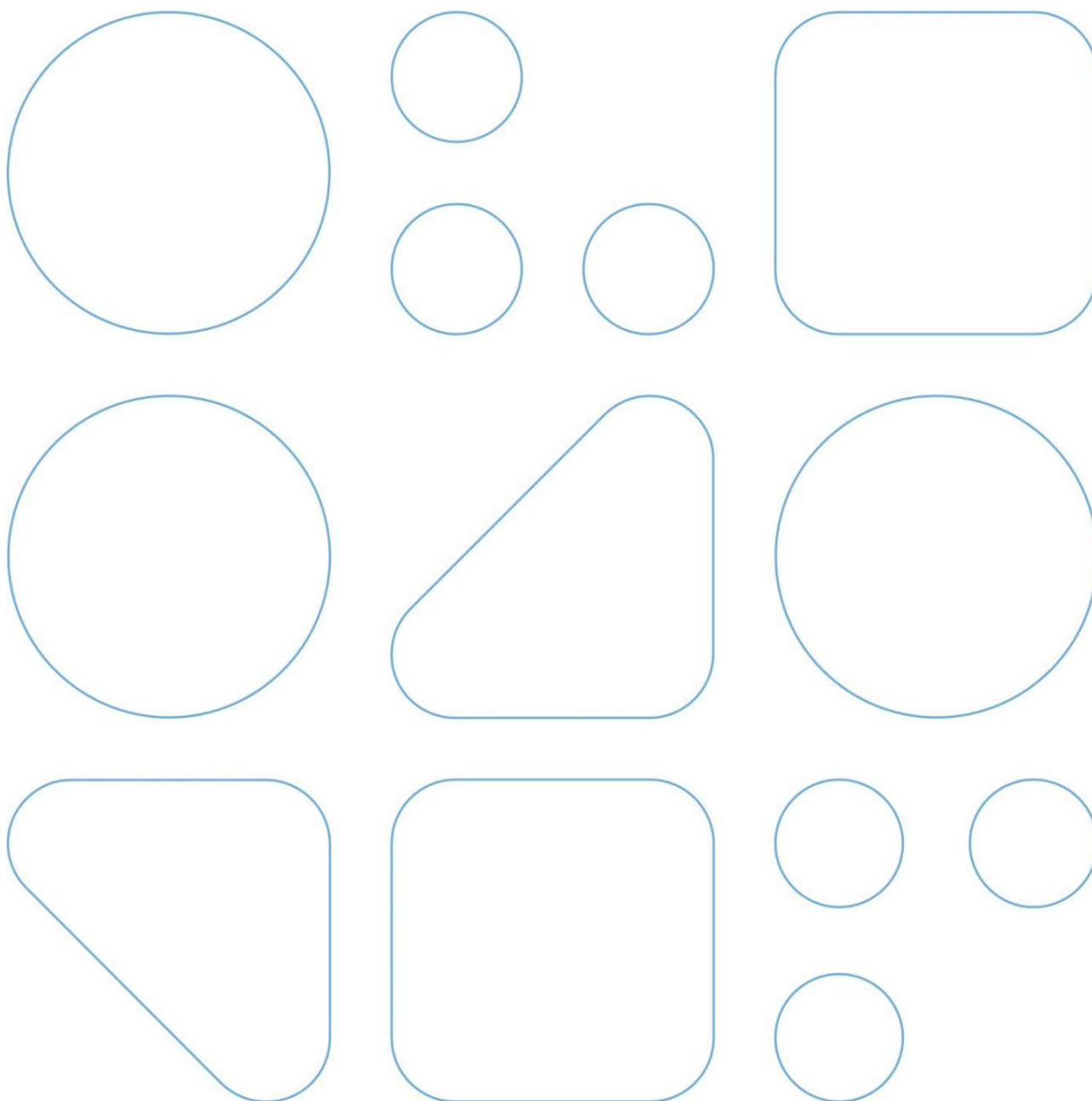


Sub-plan 7: New tasks and further development of patient services

2022-2026

20.04.2022



Development plan 2040

Sub-plan 7: New tasks and further development of patient services

This plan is one of nine sub-plans under [Development Plan 20240](#), which describes Akershus University Hospital's (Ahus) main goals and plan for the development of the hospital up until 2040. The sub-plans describe specific projects and development initiatives that are planned for the next four years. The partial plans are rolled out and updated annually, as part of the company's prioritization and budget process.

Nine sub-plans have been drawn up:

Subplan 1: The elderly patient

Sub-plan 2: Acutely and critically ill patients

Sub-plan 3: Cancer

Sub-plan 4: Mental healthcare and substance abuse treatment

Sub-plan 5: Children and young people

Sub-plan 6: Competence and education, recruiting and retaining

Sub-plan 7: New tasks and further development of patient services

Sub-plan 8: New work processes and technology

Sub-plan 9: Research and innovation

About the investment area

To promote better patient diagnosis, treatment and follow-up, as well as preventing patient injuries and unfortunate incidents, are important priority criteria when Akershus University Hospital (Ahus) is to focus on new tasks and to further develop patient services.

Implementing new tasks and further developing and increasing the use of existing services will help to strengthen Ahus as a university hospital. It will be important to start from the patient's needs and to facilitate an equal health service. This must be seen in the context of ongoing research, innovation, new technology and digitalisation.

Measures outlined in this interim report are linked to all the main goals in the development plan. In a special position comes "Strengthening specialized patient treatment" and "Creating good and safe patient processes". At the same time, it is essential to make arrangements for the patient to be able to influence decisions about their own investigation and treatment/follow-up, based on the individual's assumptions, cf. the goal "Strengthen the patient".

Summary of focus areas and measures 2022-2026

It is a goal to strengthen the hospital's services, equipment and expertise where appropriate. Seen from the patient's point of view, it is an advantage to have a more holistic and integrated offer, so that journeys between hospitals and more appropriate patient processes can be achieved.

New tasks involve the establishment of areas that Ahus has not previously had independent responsibility for, and which it is desirable that the hospital offers. Some of these tasks are statutory national tasks or assignments, where funding has been clarified and plans for implementation are available. Health South-East has asked Ahus to investigate some tasks in order to support needs in the region. Others are planned and investigated on the basis of the patient base in the admission area, and as part of offering equal services to all patients, regardless of where they live. Three of the measures are included in the investigation work "Ahus 2035", which will provide a good basis for decisions and clarifications with Health South-East.

Overview of effort areas and measures

	New national guidelines / assignments	<ul style="list-style-type: none"> • Introduce early ultrasound and NIPT (non-invasive prenatal testing) to all pregnant women • Develop offers within bowel screening
	New specialist areas (patient services)	<ul style="list-style-type: none"> • Investigate, develop and establish services in the field of skin diseases at Ahus - Establish offers for Nordbyhagen (Included in the study work "Ahus 2035")
	Integrated health services and interdisciplinary collaboration	<ul style="list-style-type: none"> • Further develop the offer within Occupational Health • Standardized patient courses for patients with diabetic foot ulcers
	Further develop and strengthen existing patient services	<ul style="list-style-type: none"> • Strengthen and further develop ophthalmology at Ahus Kongsvinger and establish services at Nordbyhagen (Included in the study work "Ahus 2035") • Strengthen and further develop the patient offer within rheumatology at Ahus Kongsvinger and establishing offers at Nordbyhagen (Included in the study work "Ahus 2035") • Further develop the focus on precision medicine/personalized medicine in diagnostics, treatment (and research)

Area of focus 1: New national guidelines/assignments

Introduction of early ultrasound and NIPT for all pregnant women

From January 2022, pregnant women over the age of 35 will be offered NIPT and an early ultrasound. This follows from a decision in the Storting in 2020. Ahus is responsible for offering this to pregnant women in its admission area. The offer will be gradually rolled out. (NIPT stands for non-invasive prenatal test, and is a blood test that can detect chromosomal abnormalities).

Develop offers within bowel screening

The Storting decided in autumn 2017 that a national screening program for bowel cancer should be introduced. The purpose of the screening is to reduce the incidence and mortality of bowel cancer in the population that is offered screening, by detecting and removing precursors to cancer or detecting and treating cancer.

At Ahus, capacity will be established for the start of bowel screening according to the rollout plan, with preparations in 2021/2022, start of bowel screening and iFOBT in 2023 and then gradual rollout/increase towards 2026.

Area of focus 2: New specialist areas (patient services)

Investigate, develop and establish offers in skin diseases at Ahus - Establish offers for Nordbyhagen

The skin offer in Helse Sør-Est is very limited, and the regional health authority has expressed a desire for smaller skin departments/satellites to be established. As of today, Ahus does not have a separate skin service, neither for in-patients, outpatients nor referred patients. Many of the hospital's employees attend

skin problems daily or weekly, and there is reason to believe that the demand for skin expertise will increase.

An established skin service at Ahus will strengthen the service offer to the population, prevent deadlines being missed (skin cancer), stimulate the professional environment at the hospital and help solve the capacity need in the region. In the autumn of 2021, a mini-investigation was delivered which assessed possibilities for the establishment of services at Ahus. Further investigation, development and establishment of services in the field of skin diseases at Ahus/offers at Nordbyhagen will form part of the investigation work "Ahus 2035".

Area of focus 3: Integrated health services and interdisciplinary collaboration

Further develop the offer within Health at work

Health at Work (HiA) is an offer for people who are on sick leave or are at risk of becoming so. It is a continuation of what was previously called "Faster back". This is organized as a service interaction between the health service and NAV, and is an investment in preventive and health-promoting measures related to muscle, skeletal and psychological ailments.

HiA has two main elements 1) Company initiatives with a focus on health-promoting and preventive knowledge dissemination in the workplace 2) Individual initiatives with a focus on rapid access to individual-oriented interdisciplinary assessment and work-focused clarification (outpatient clinic)

Since 2017, Ahus has had its own offer in mental health and since 2020 in somatics. In the autumn of 2021, the transition from the project to the Health at work outpatient clinic for patients with headaches and neck/back problems began. The offer in mental health is being expanded with digital coping services, company initiatives with lectures, as well as an investigation into the possibility of an evening outpatient clinic/evening course.

Standardized patient care for patients with diabetic foot ulcers

The aim of the initiative/project is to reduce amputations in the lower extremity by introducing standardized patient procedures for patients with diabetic foot ulcers. Deadlines must be set for investigation with e.g. MR and CT angio. A plan must be made early and surgery during the day, with foot/ankle expertise available. The aim is to reduce the number of interventions, the number of days in bed and the number of amputations. The pilot is planned to start on 1 January 2022.

Area of focus 4: Further develop and strengthen existing patient services (specialized treatment)

Strengthen and further develop ophthalmology at Ahus Kongsvinger and establish services at Nordbyhagen

More than 90 percent of patients with eye disorders in Ahus' admission area are currently treated as guest patients at Innlandet Hospital Trust (SI) or at Oslo University Hospital (OUS). A full-fledged service for eye patients in Ahus will result in better and closer services for the patients. Furthermore, Ahus can thereby contribute to the development of the eye profession through research, quality improvement and training of new ophthalmologists.

In a mini-investigation delivered in the autumn of 2021, a step-by-step escalation of ophthalmology in Ahus at Kongsvinger and Nordbyhagen has been outlined. Further work to strengthen and further develop ophthalmology at Kongsvinger and establish services at Nordbyhagen will form part of the research work "Ahus 2035".

Strengthen and further develop the patient offer in rheumatology at Ahus Kongsvinger and establish offers at Nordbyhagen

Ahus Kongsvinger has a well-established offer for patients with rheumatic autoimmune diseases. Ahus Nordbyhagen currently has an organized offer for patients with rheumatological problems. In the autumn of 2021, a mini-investigation was delivered that looked at the possible operation of rheumatology at Ahus Nordbyhagen. In the report, the rheumatology service is thought to be strengthened in two stages with the possible establishment of an outpatient service at Nordbyhagen, and then a possible rheumatology department.

An expansion of the current offer to also include the outpatient clinic at Nordbyhagen will, among other things, strengthen the hospital's professional offer to diagnose and treat newly referred patients, take back guest patients, strengthen research and professional competence, offer rheumatology supervision at Nordbyhagen and establish a 24-hour rheumatology on-call. Further work on strengthening and further developing the patient offer in rheumatology at Kongsvinger and establishing offers at Nordbyhagen will form part of the investigation work "Ahus 2035".

Further develop investment in personalized medicine within diagnostics, treatment and research

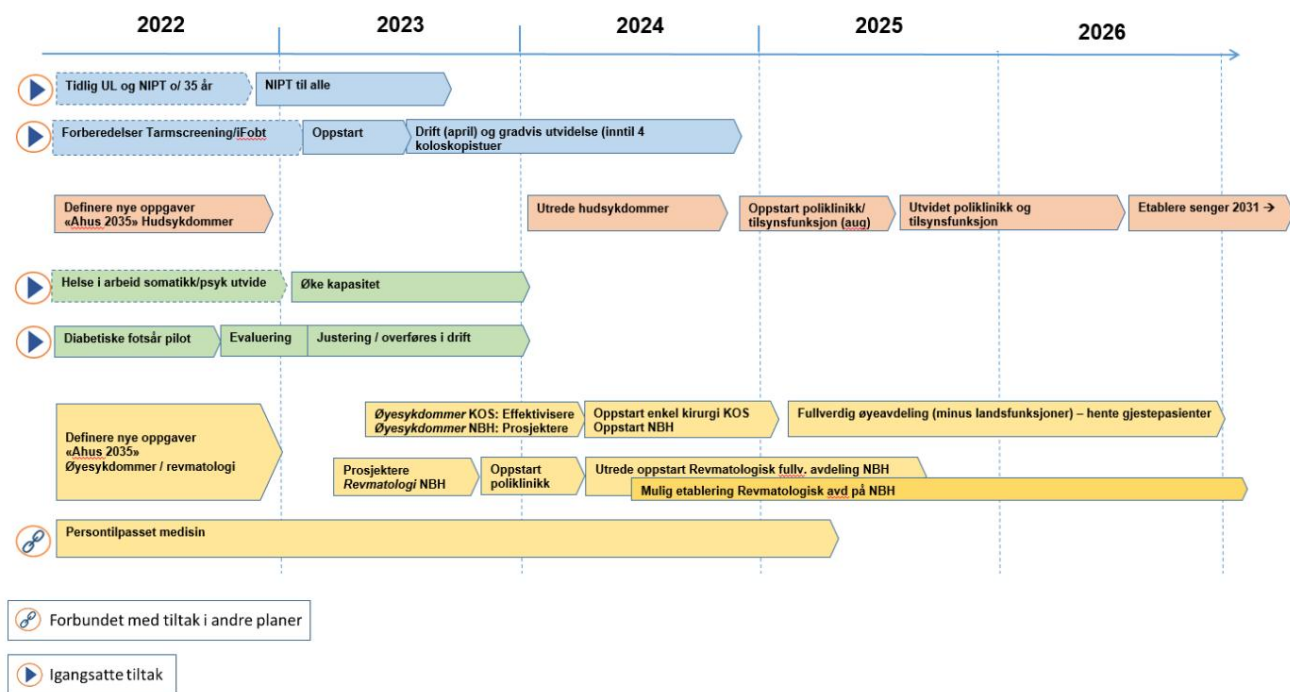
Personalized medicine (precision medicine) is an established focus area in several departments in Ahus. A local infrastructure for precision diagnostics (InPred-Ahus) is being created which aims to ensure continuous up-to-date regional expertise, secure access to national and local clinical studies based on extended molecular diagnostics and ensure standardization and optimization of methodology for routine diagnostics.

The cancer area has been the driver of investment in this area in Norway so far, and it is laid down that the infrastructure, technology and expertise now being set up within the cancer area must be able to be used by other specialist areas, including through access to shared infrastructure and other shared resources.

A separate mandate has been drawn up for InPred-Ahus, and measures are implemented in line with this. The measure is linked to the partial plan for cancer.

Process drawing

Delplan 7 Nye oppgaver og videreutvikling av pasienttilbudet 2022-2026



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